

## **POOR OLD SHEILA**

I ask you please consider  
Poor Sheila's life: it's hell  
She isn't just a widder  
But an orphan as well

Poor Sheila: here is the truth  
Her life doesn't get any blither  
She's not in the first flush of youth  
She's not in the second, neither

There's one thing about being older  
One's mem'ry is hopelessly rotten  
Poor Sheila's is worse, as we've told her  
But fortunately she's forgotten

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written for Sheila's 90th birthday